

Dear Heather,

Thank you for writing us at Christian Questions Radio. You wanted to know if you committed the unforgiveable sin when you, in anger at your mother, used profanity against the holy Spirit. You told us that lately you have been struggling spiritually, mentally and physically. You said that your pastor told you that blasphemy against the holy Spirit was unforgiveable. You said that you were actually angry with your mother and not with God, although you did say that you are having trouble connecting with God and the Bible. You also said that you were very scared and confused as to what to believe and hoped that God would forgive you.

Although your pastor was correct when he said that to sin against the holy Spirit is unpardonable, from what you have told us, we believe that you have not committed the unforgiveable sin. In all cases this sin is continual as the sinner deliberately and willfully mocks God and his promises, after having been enlightened by the holy Spirit and called to be a Son of God. (See Hebrews 6:4-6; 10:26, 29, and 31.) Your sin was not deliberate, nor was it against the holy Spirit, and it certainly is not continual. Please do not be so hard on yourself. The mere fact that you are aware of your shortcomings and failures is a very positive step. Definitely ask God to forgive you and to give you the strength you need to overcome your weaknesses. Your doubts and struggles are not uncommon. Many, many Christians experience similar trials of the flesh. Satan would like us to be discouraged. He would like us to say, "What is the use? Why bother? I'm not worthy." However, God knows our hearts and the love we have for Him. Ask for his help and He will give it.

The Apostle Paul in Romans 7:21 said, "When I want to do good, evil is right there with me. In verse 24 he says, "What a wretched man I am! Who will rescue me from this body of death?" He answers his question in the very next verse, Romans 7:25. "Thanks be to God—through Jesus Christ our Lord!" Realizing that even the Apostle Paul fell short and prayed to the Lord for strength encourages us to resist discouragement. "For though a righteous man falls seven times, he rises again." (Proverbs 24:16) The Lord sees our heart's intent and accepts it for the deed. We humbly come before Him asking forgiveness and He uplifts us through His word and His holy Spirit. It is by His strength and His strength alone that we are able to overcome our sinful natures. "I can do everything through him who gives me strength." (Philippians 4:13) "For when I am weak, then I am strong." (2 Corinthians 12:10) Focus on the Kingdom of God and His many precious promises and ask for His help in every time of need. Below are some inspiring scriptures that we hope and pray will help you with your struggles.

"Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is thy faithfulness." Lamentations 3:22-23

"For I am the LORD, your God, who takes hold of your right hand and says to you, Do not fear; I will help you." Isaiah 41:13

“Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you: he will never leave you nor forsake you.” Deuteronomy 31:6

“But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.” Isaiah 40:31

“Let us then approach the throne of grace WITH CONFIDENCE, so that we may receive mercy and find grace to help in our time of need.” Hebrews 4:16

“When I fall, I shall arise; when I sit in darkness, the LORD shall be a light unto me.” Micah 7:8

“BEING CONFIDENT of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.” Philippians 1:6

“Consider it pure joy, my brothers, whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance. Perseverance must finish its work so that you maybe mature and complete, not lacking any thing.” James 1:2-4

Jesus, our Big Brother, who experienced everything we are experiencing when he walked upon this earth, has promised to help us and give us rest, if we but call upon him.

"Come to me, all you who are weary and BURDENED, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 11:28-30

We hope we have directed you to back to the peace that only God can give. Remember, God loves you very much and wants you to actively seek Him. When you do, he will direct your path. We would encourage you to look into the Scriptures for answers. If you go on our web site [www.christianquestions.net](http://www.christianquestions.net) and click on “Related Links” on the left, you will see several web sites. We suggest you click on [www.bible411.com](http://www.bible411.com) or [www.biblestudents.com](http://www.biblestudents.com) where you will find a free on-line Bible study as well as much information on many biblical questions and concerns.

Have you committed the unpardonable sin? No you have not. Will God forgive your sin? ABSOLUTELY. Write us again with any other questions and we will do our best to answer you. Be sure to sign up for CQ Rewind at [www.christianquestions.net](http://www.christianquestions.net). The service is free without obligation and will provide you with scriptural perspective on many questions and topics.

Sincerely,

**Christian Questions Radio**